UC SHIP Mobile
The StudentHealth app puts your ID card and more within reach whenever you need it. Download the free app from Google Play or iTunes.

- Access your ID card and show it whenever you get care.
- Find the location, hours and services of the on-campus SHC.
- Refill prescriptions.
- See medical, dental and vision coverage, and claims information.
- Access the Delta Dental Cost Estimator tool for a real-time estimate of what you’ll pay for dental work and more.
- Get notifications when there’s a change in benefits or you need to take action.

Download the app from Google Play or iTunes. Then click “Register Now” and enter:

- Your first and last name
- Your student ID number
- Your date of birth (mm/dd/yyyy)

No smartphone or tablet? Access the app using your computer’s browser at mobilehealthconsumer.com/studenthealth.

UC SHIP was built specifically for UC students, with students actively involved in its design. Since inception, the guiding principle has been simple: Your health and health needs come first—always.

UC SHIP meets the requirements of the Affordable Care Act (ACA); UC SHIP remains focused on meeting student health needs and priorities, including mental health.

UC SHIP is recognized by the Centers for Medicare & Medicaid Services (CMS) as minimum essential coverage (MEC) in compliance with the ACA. This means UC SHIP members meet the ACA individual mandate.

UC SHIP is convenient to access through the on-campus student health center (SHC). Start there for non-emergency medical care that’s covered and for referrals to specialists when needed.

When compared to Preferred Provider Organization (PPO) plans, UC SHIP provides a broader physician network and lower deductibles and out-of-pocket maximums.

With UC SHIP, you can choose to see any provider with a referral from the SHC.
You MUST Get a Referral for Medical Care

Your referral gives you options for off-campus care, and you're responsible for paying a deductible and part of the cost through a copay or coinsurance (the amount you're responsible for after UC SHIP pays its share).

Referrals Are Required
You must get an SHC referral for care outside the SHC, regardless of the distance from campus, except for the following: emergency room care and visits to urgent care clinics, pediatric care, obstetrics services, gynecological care and LiveHealth Online virtual visits.

You will be responsible for paying a deductible and part of the cost through a copay or coinsurance (the amount you're responsible for after UC SHIP pays its share).

Learn More
To learn more about UC SHIP benefits and what they cover, go to ucop.edu/ucship, call the SHC at (858) 534-2124, or contact Anthem Blue Cross (our medical plan administrator) at (866) 940-8306 or anthem.com/ca.

Anthem Blue Cross
(866) 940-8306
anthem.com/ca

Medical care
(non-urgent or emergency)

Student Health Services
wellness.ucsd.edu/studenthealth

Phone:
• Main number: (858) 534-3300
• Appointments: (858) 534-8089
• Counseling and Psychological Services: (858) 534-3755

In person:
• Library Walk, west of the Price Center, south of Geisel Library

Urgent care
(858) 534-3302

After-hours nurse line
(858) 534-3300 (select "after-hours advice")

LiveHealth Online
livehealthonline.com

Emergency care
Call 911 or, if on campus, call (858) 534-HELP (4357)

Doctors, providers and facilities outside the SHC
Anthem Blue Cross
anthem.com/ca
(866) 940-8306

StudentHealth app
Download it free from Google Play or iTunes
Medical Coverage

The chart below highlights what UC SHIP covers and how much the plan pays for services. Except for preventive care, you will pay a deductible for services you receive outside the SHC, UC doctors or facilities. After you meet the deductible, the plan will pay a portion of the cost. Certain expenses and services are excluded from medical coverage. For details, go to ucop.edu/ucship > My Medical Coverage > UC San Diego.

<table>
<thead>
<tr>
<th>Network</th>
<th>Out-of-Network</th>
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<tbody>
<tr>
<td>SHC</td>
<td>Anthem Blue Cross PPO Providers</td>
</tr>
<tr>
<td>UC Family Providers</td>
<td>Provider/facilities in the Anthem Blue Cross PPO network</td>
</tr>
<tr>
<td>Other SHC-authorized providers</td>
<td>All other SHC-authorized providers (any health care provider/facility you choose; however, you may be responsible for paying any expenses above the Anthem Blue Cross maximum allowed amount.</td>
</tr>
</tbody>
</table>

Separate Benefit-Year Deductibles

The amount you pay before UC SHIP pays for services:

- $0
- $100 individual/$1,000 family
- $1,000 individual/$2,000 family

Separate Limits on Your Out-of-Pocket Costs

If your medical expenses reach this amount, UC SHIP will pay 100% of your covered expenses for the rest of the plan year:

- $1,500 individual/$2,700 family
- $3,000 individual/$6,000 family
- $7,000 individual/$14,000 family

UC SHIP Covers

- **Office Visits**
  - Copay covers office visit only. Additional charges apply for other services, such as lab work and procedures. For details, visit ucop.edu/ucship > Plan Documents.
  - SHC:
    - 100% for primary and specialty care
  - UC Family:
    - Primary care: 100% after $1 copay
    - Specialty care: 100% after $10 copay
    - Chiropractic care/acupuncture: 100% after $10 copay

- **Professional Services Contraindication**
  - Benefit year deductible or copays may apply. See your Benefit Booklet.
  - Mental health/substance abuse: 100% All other: 30%

- **Routine Physicals/Student/Adult Preventive Care**
  - SHC: 100%
  - UC Family: 100% after $2 copay

- **Mental Health and Substance Use Disorder Office Visits**
  - SHC: 100%
  - UC Family: 100% after $2 copay

- **Inpatient Hospital Care**
  - SHC: 100%
  - UC Family: 100%

- **Urgent Care**
  - SHC: 100%
  - UC Family: 100%

- **Emergency Care (Non-admission)**
  - 100% after $225 copay

- **Pediatric Dental and Vision Care**
  - Up to age 18
  - UC Family: 100%
  - UC San Diego: 100%

Pharmacy Coverage

You can fill prescriptions at any pharmacy, but you’ll pay less when you use the SHC pharmacy or an OptumRx network pharmacy. Not all prescription drugs are covered by UC SHIP. For details, go to ucop.edu/ucship > My Pharmacy Coverage > UC San Diego.

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<td>All other pharmacies (any pharmacy you choose; however, you may be responsible for paying any expenses above the Anthem Blue Cross maximum allowed amount.</td>
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Annual Limit on Your Out-of-Pocket Costs

Once you pay the amount toward your network and out-of-network covered prescriptions, UC SHIP steps in to pay 100% of your pharmacy costs:

- $1,000 individual/$2,000 family

UC SHIP Covers

- **Outpatient Prescription Drugs**
  - Mail order is available.
  - Note: 100% prescription coverage for FDA-approved generic prescription contraceptives and brand-name prescription contraceptives when a generic equivalent is not available. Oral contraceptives are covered for up to 180-day supply.
  - Oral contraceptives: 100% after $40 brand-name non-formulary copay, deductible waived
  - Contraceptives when a generic equivalent is not available: 100% after $40 brand-name non-formulary copay, deductible waived

Dental Coverage

You can see any dentist you want, but you’ll pay less when you use a dentist in the Delta Dental PPO network. Not all expenses or services are covered by UC SHIP. For details, go to ucop.edu/ucship > My Dental Coverage. Download the Delta Dental mobile app (from Google Play or iTunes) to access the Delta Dental Cost Estimator tool for a real-time estimate of what you’ll pay for dental work.

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<td>None for preventive and diagnostic services, $25 per person for other services</td>
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ANNUAL BENEFIT MAXIMUMS

The most the plan will pay per the coverage period:

- $1,000 per member
- $50 per member

ANNUAL COVERAGE

The maximum amount Delta Dental will pay for a service, sometimes called a plan allowance:

- PPO providers agree to accept Delta Dental PPO maximum allowed fee schedule.
- ANTHEM BLUE CROSS PPO PROVIDERS Provider/facilities in the Anthem Blue Cross PPO network

Pharmacy Coverage

You can fill prescriptions at any pharmacy, but you’ll pay less when you use the SHC pharmacy or an OptumRx network pharmacy. Not all prescription drugs are covered by UC SHIP. For details, go to ucop.edu/ucship > My Pharmacy Coverage > UC San Diego.

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Anthem Blue Cross Life and Health Insurance Company provides administrative services only and does not assume any financial risk or obligation with respect to claims.

Blue Cross of California, using the trade name Anthem Blue Cross is the trade name of Blue Cross of California. Anthem Blue Cross and Anthem Blue Cross Life and Health Insurance Company are independent licensees of the Blue Cross Association. Anthem is a registered trademark of Anthem Insurance Companies, Inc. The Blue Cross name and logo are registered marks of the Blue Cross Association.

This brochure provides a summary of information. For detailed information about all benefits, terms and conditions of UC SHIP, see the Benefit Booklet at ucop.edu/ucship > Plan Documents. What is written here does not constitute a guarantee of plan coverage or benefits—particular rules and eligibility requirements must be followed before claims can be processed.

Vision Coverage

You can see any vision provider you want, but you’ll pay less when you see an Anthem Blue View Vision Insight network provider for exams, glasses or lenses. Before you buy glasses or contacts, check anthem.com/ca/find-doctor to see if the provider is in the Insight network. Not all expenses or services are covered by UC SHIP. For details, go to ucop.edu/ucship > My Vision Coverage.

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<td>Vision Insight Network</td>
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<tr>
<td>UC Family Providers</td>
<td>All other network providers</td>
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ANNUAL DEDUCTIBLE

The amount you pay before UC SHIP begins paying for services:

- $0 copay
- $125 copay, deductible waived
- $250 copay, deductible waived
- $49 copay, deductible waived
- $74 copay, deductible waived

ANNUAL BENEFIT MAXIMUMS

The most the plan will pay per the coverage period:

- $1,000 individual/$2,000 family
- $1,000 individual/$2,000 family
- $1,000 individual/$2,000 family
- $1,000 individual/$2,000 family

ANNUAL COVERAGE

The maximum amount Delta Vision will pay for a service, sometimes called a plan allowance:

- PPO providers agree to accept Delta Dental PPO maximum allowed fee schedule.
- Delta Dental PPO providers agree to accept Delta Dental PPO maximum allowed fee schedule.

Co-Pays

- Contact lens: $25 copay, deductible waived
- Conventional lens: Up to $25, then you pay anything above $25 and receive a 20% discount
- Disposable lenses: Up to $25, then you pay anything above $25 and receive a 20% discount

- Delta Vision: 100% basic and major services 100% Vision: Up to $50 allowance for exam, $45 for frame and $15 for lenses

- Delta Vision: 100% basic and major services 50% Vision: Up to $50 allowance for exam, $45 for frame and $15 for lenses