Students Come First—Always
UC SHIP is built specifically for UC students, with students actively involved in its design. Since inception, the guiding principle has been simple: your health and health needs come first—always.

UC SHIP meets the requirements of the Affordable Care Act (ACA). UC SHIP remains focused on meeting student health needs and priorities, including mental health.

You’re Automatically Enrolled
Because all UC students are required to have medical insurance, UC automatically enrolls all registered students—including domestic and international students, and students in absence—at UC SHIP, medical, pharmacy, dental and vision coverage. You will find the cost of coverage (premium) on your registration bill. You can waive UC SHIP coverage if you already have a health plan that meets the University’s health coverage requirements. Go to studenthealth.ucla.edu to learn how to waive enrollment in UC SHIP before the waiver deadline for your campus.

Note: You must reenroll every term.

The UC SHIP Plans Meet Affordable Care Act (ACA) Requirements
UC SHIP is recognized by the Centers for Medicare and Medicaid Services (CMS) as minimum essential coverage (MEC) in compliance with the ACA. This means UC SHIP members meet the ACA individual mandate.

UC SHIP is convenient to access through The Ashe Center. Start there for non-emergency medical care that’s covered and for referrals to specialists when needed. When compared to Preferred Provider Organization (PPO) plans, UC SHIP provides a broader physician network and lower deductibles to meet, and the plan pays a bigger portion of the cost through a copay or coinsurance (the amount you’re responsible for after UC SHIP pays its share).

You Can Cover Your Spouse, Domestic Partner and Children, Too
If you’re enrolled in UC SHIP and are married and/or have children, you can enroll those eligible dependents in the same medical, pharmacy, dental and vision coverage you have for yourself. For information about who you can enroll in UC SHIP, go to ucop.edu/ucship > Eligibility and Enrollment.

Note: You must reenroll dependents every term.

You Must Get a Referral for Medical Care
There is also a full-service pharmacy. And Counseling and Psychological Services (CAPS) provides referrals for mental health and substance use disorder services. You will be cared for by a team of experts in young adult health—board-certified physicians and certified nurse practitioners.

You MUST Get a Referral for Medical Care Outside The Ashe Center
If needed, The Ashe Center will refer you to, and coordinate, additional or specialist care outside The Ashe Center. You will need a referral for care outside The Ashe Center, no matter how far from the campus you receive that care. Without it, UC SHIP will not provide any benefits. To get a referral, meet with an Ashe Center provider. Your diagnosis and location will determine whether a referral will be granted. Your referral gives you options for off-campus care, including:

- UC medical centers. Any of the five nationally ranked medical centers (at Davis, Irvine, Los Angeles, San Diego and San Francisco) or a UC-affiliated facility, doctor or other health care provider. (Be sure to get a referral before making an appointment.) Care within the UC Family is discounted for students, there are no deductibles to meet, and the plan pays a bigger portion of care.
- Anthem Blue Cross Prudent Buyer PPO network doctors and other providers and facilities. A nationwide network of more than 50,000 physicians and 400 hospitals. You’ll first pay a deductible (see the Medical Coverage chart), then UC SHIP will pay most of the cost.

You’re Covered Around the World
Whether studying, traveling or living outside the country, you and your dependents covered under UC SHIP can get care through the Blue Cross Blue Shield Global Care program. Learn more at bcbsglobalcare.com.

The Ashe Center
(310) 825-9111
studenthealth.ucla.edu

Anthem Blue Cross
(866) 940-8306
anthem.com/ca

Delta Dental
(844) 265-1879
deltadental.com

Access the Delta Dental Cost Estimator tool for a real-time estimate of what you'll pay for dental work and more. Learn more at delta.com/costestimator.

Find the location, hours and services of The Ashe Center.
Access your ID card and show it whenever you get care.
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Learn More
To learn more about UC SHIP benefits and what they cover, go to ucop.edu/ucship, call The Ashe Center at (310) 825-4073 or CAPS at (310) 825-0718, or contact Anthem Blue Cross (our medical plan administrator) at (866) 940-8306 or anthem.com/ca.

Care for unexpected issues, like sore throats or swollen ankles.
• Urgent or emergency care
Ronald Reagan Emergency Room (310) 825-0718
Livelight Online
livehealthonline.com
Emergency care
(866) 940-8306
After-hours nurse advice
(310) 825-4073

UC SHIP Mobile
The StudentHealth app puts your ID card and more within reach whenever you need it. Download the free app from Google Play or iTunes.
- Access your ID card and show it whenever you get care.
- Find the location, hours and services of The Ashe Center.
- Refill prescriptions.
- Access medical, dental and vision coverage, and claims information.
- Get notifications when there’s a change in your benefits or you need to take action.

Visit the app from Google Play or iTunes. Then click “Register Now” and enter:
- Your first and last name
- Your student ID number
- Your date of birth (mm/dd/yyyy)

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UC SHIP Health Card Logo
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Medical Coverage

The chart below highlights what UC SHIP covers and how much the plan pays for services. Except for preventive care, you will pay a deductible for services you receive outside The Ashe Center, UC doctors or facilities. After you meet the deductible, the plan will pay a portion of the cost. Certain expenses and services are excluded from medical coverage. For details, go to ucpa.edu/ucship > My Medical Coverage > UC Los Angeles.

Pharmacy Coverage

You can fill prescriptions at any pharmacy, but you’ll pay less when you use The Ashe Center or an OptumRx network pharmacy. Not all prescription drugs are covered by UC SHIP. For details, go to ucpa.edu/ucship > My Pharmacy Coverage > UC Los Angeles.

Dental Coverage

You can see any dentist you want, but you’ll pay less when you see dentists in the Delta Dental PPO network. Not all expenses or services are covered by UC SHIP. For details, go to ucpa.edu/ucship > My Dental Coverage. Download the Delta Dental mobile (from Google Play or iTunes) to access the Delta Dental Cost Estimator tool for a real time estimate of what you’ll pay for dental work.

Vision Coverage

You can see any vision provider you want, but you’ll pay less when you get services at the Optometry Center at the Ackerman Student Union or see an Anthem Blue View Vision Insight network provider for exams, glasses or lenses. Before you buy glasses or contacts, check anthem.com/la/find-doctor to see if the provider is in the Insight network. Not all expenses or services are covered by UC SHIP. For details, go to ucpa.edu/ucship > My Vision Coverage.