UNIVERSITY OF CALIFORNIA

# Supporting the Mental Health of Undocumented and Immigrant Students: What Clinicians Need to Know

## **Background**

Many college campuses are experiencing an influx in undocumented and immigrant students presenting for counseling under significant distress related to the recent immigration policy changes and subsequent attacks on immigrant communities. During this time, it is imperative that our mental health clinicians and administrators have access to resources and best practices in culturally responsive care around these issues.

We invite all university mental health clinicians, case managers, social workers, administrators, and relevant support staff to attend this special live webinar led by UC's Vice President of Student Affairs, Robin Holmes-Sullivan, PhD.



#### **Live Webinar**

Monday, April 24, 2017 | 11:30am - 1:00 pm

**Register Today!** 

## **Learning Objectives**

- Gain an understanding of the legal implications of the Trump administration immigration policies on university students and their families.
- Increase your knowledge of current trends and the most commonly reported concerns by undocumented students in counseling. Differentiate between healthy reactions to ongoing stressors and reactions indicative of more significant distress.
- Learn to take a social justice approach in applying culturally appropriate mental health interventions in supporting immigrant students.
- Become aware of best practices, available resources, and the need for a collaborative campus approach to supporting undocumented and immigrant students.
- Get answers to all of your pressing questions from leaders in the field and legal counsel.

Registration is FREE (space is limited): <a href="http://bit.ly/2okofLc">http://bit.ly/2okofLc</a>

## **Featured Speakers**

#### Welcome

Robin Holmes-Sullivan, PhD - VP Student Affairs, UC Office of the President

# Overview of Trump Administration Immigration Policies & Implications for University Students

Julia Friedlander, JD – Deputy General Counsel, UC Office of the President Jerlena Griffin-Desta, PhD – Deputy to the Vice President and Executive Director of Student Affairs, UC Office of the President

# Presenting Concerns, Therapeutic Trust, and Legal Stressors: What Clinicians Should Know When Working with Undocumented Students

Diana Peña, PhD - Staff Psychologist, UC Berkeley CAPS & Undocumented Student Program



#### Beyond Diagnoses & Treatment Plans: Utilizing a Social Justice Approach to Supporting Undocumented Students and their Families

J. Manuel Casas, PhD – Professor Emeritus in the Department of Counseling, Clinical, and School Psychology at UCSB

# Review of the Literature & Best Practices: What it Takes to Make an "Undocufriendly" Campus

Carola Suárez-Orozco, PhD – Professor in the Department of Psychology at UCLA and Co-Director of the Institute for Immigration, Globalization & Education



# Impact of Trump Administration Policies on Campus Climate & Efforts Underway from UC Undocumented Student Resource Centers

Daniel Arturo Alfaro Arellano – UCSD undocumented Student Services Coordinator

#### **0&A with Panelists**

### Helpful Resources:

- □ UC website Undocumented
  Student Resources (link)
- □ University of California
  Statement of Principles in
  Support of Undocumented
  Members of the UC
  Community (link)
- □ UC's FAQs on immigration enforcement actions (link)
- ☐ Know Your Rights if

  Approached by Immigration

  Enforcement Agents (link)
- Working With ImmigrantOrigin Clients: An Update for
  Mental Health Professionals.
   Based on a Report of the APA
  Presidential Task Force on
  Immigration (link)
- Undocumented
   Undergraduates on College
   Campuses: Understanding
   Their Challenges and Assets
   and What It Takes to Make an
   Undocufriendly Campus (link)
- □ UC Campus Contacts (link)