

UC Student Mental Health
Best Practice Conference, September 8, 2014

The SPACE Protocol:

Introducing a Protocol to Provide Support to Staff
Who Experience Client Suicide

Tiffany O'Meara, Ph.D.
Christina Lambert, Ph.D.

Overview of Presentation

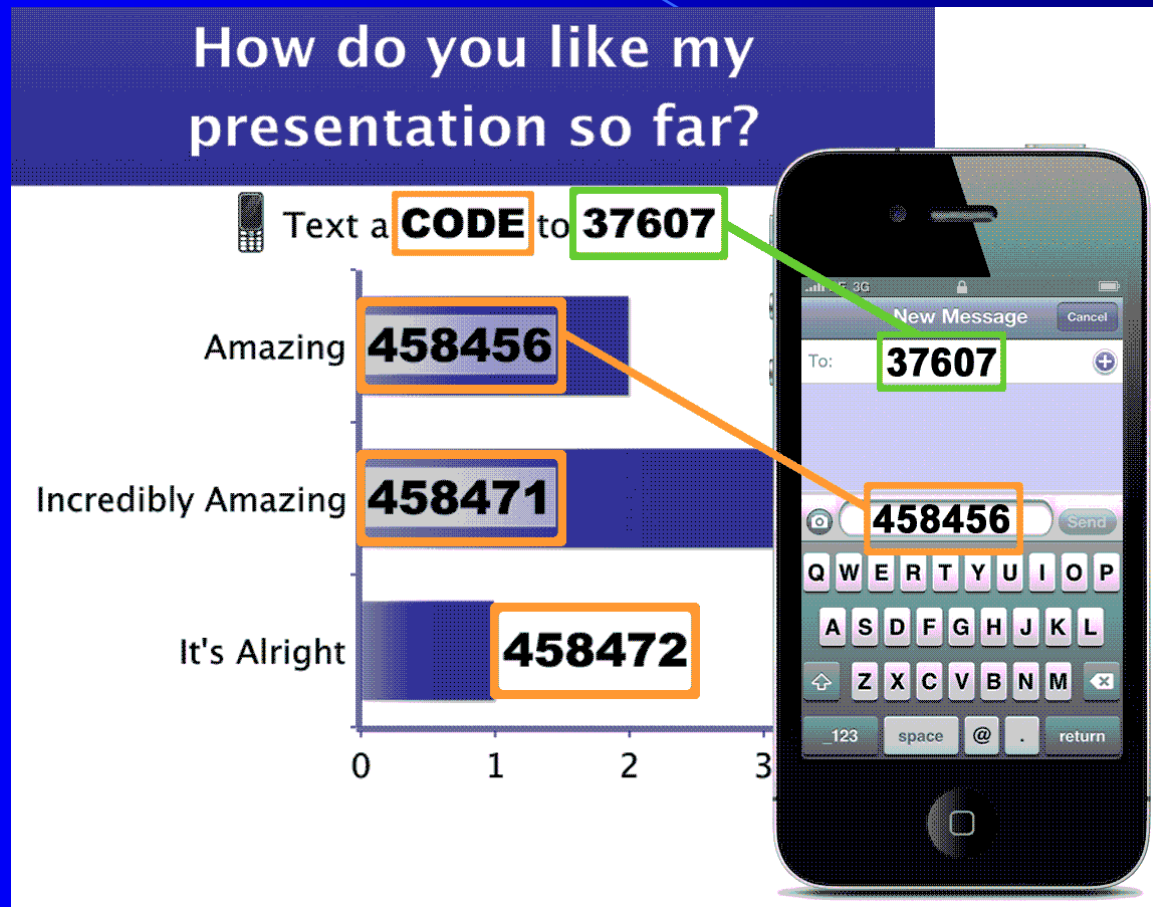
- Presenter Introductions
- Personal Experiences
- Impact of Suicide on Therapists
- SPACE Protocol
- Questions and Discussion

A long time ago in a galaxy far,
far away....

How To Vote via Texting

EXAMPLE

EXAMPLE



TIPS

1. Standard texting rates only (worst case US \$0.20)
2. We have no access to your phone number
3. Capitalization doesn't matter, but spaces and spelling do



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SPACE Cadets

- Christina Lambert, *Staff Psychologist*
- Robert Mashman, *Clinical Director*
- Tiffany O'Meara, *Staff Psychologist*
- Caroline Paterno, *Staff Psychiatrist*
- Dane Ripellino, *Staff Psychologist*
- Rina Schul, *Staff Psychologist*

SPACE

- Support
- Protocol for
- Adverse events affecting
- CAPS
- Employees

Critical Incident

- Student Death (accidents or completed suicides*)
- Serious Suicide Attempts
- Serious Injury
- Violence/harm toward others*

After becoming aware of critical incident, the Clinical Director will:

- Inform involved CAPS staff
- Inform Front Office Staff
- Keep involved CAPS staff updated
- Coordinate with CAPS Director to send secure message to entire staff

Front Office will contact impacted staff:

- MANDATORY:

- No Intakes x 1 week
- No Urgent Care Shift x 1 week
- No College Emergencies x 1 week
- No ProtoCall duties x 1 week

- OPTIONAL

- Rescheduling regularly scheduled clients
- Cancelling supervision with post-docs
- Cancelling groups
- Work from home
- Sick leave

The background is a solid blue gradient that transitions from a lighter shade on the left to a darker shade on the right. A thin, light blue curved line starts at the top left and arcs across the upper portion of the image. In the bottom right corner, there is a triangular shape with a gradient from dark blue to a lighter blue.

Safe
SPACE
Team

Legal Liability

- SPACE Committee Considered
- “Informed Consent” for Staff
- Participation Optional

SPACE Preference Sheet

- I would like to have a Safe SPACE Team. My preferred team includes the following CAPS, non-management staff members. (For post-docs, include at least one senior staff who is not your supervisor)
 - 1.
 - 2.
 - 3.
- I would like to opt out of having a Safe SPACE Team.
- Optional: Guidance for your Safe SPACE Team (e.g., preferences regarding frequency of contact, type of contact, etc.)

Safe SPACE Team

- Front Office will inform team
- Safe SPACE Team Protocol
- Team will designate a “leader”



Safe SPACE Team



- Accompany involved CAPS staff as needed
- Provide emotional support
- Follow-up over time
- Guided by therapist preferences



KEEP CALM

AND

MAY THE

FORCE

BE

WITH YOU

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