

# Recovery In The House:

Solutions for College Students Struggling With Substance Use Issues

## The Haven at College: An Independent Open Source Residential Replication Model

### Student Need:

# 1

Connection to like-minded people

### Solutions:

- Fraternity concept
- National network
- Community Integration



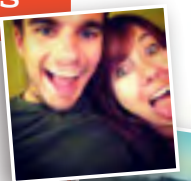
### Student Need:

# 2

Tools & Skills to navigate high risk social situations

### Solutions:

- Peer Led Community
- Connected with Peers through Apps
- Allies & Buddies
- Therapeutic Modalities e.g., CBT, DBT and motivational interviewing



### Student Need:

# 3

Accountability for Personal Recovery:

### Solutions:

- Weekly Wellness Plan
- Recovery Coach
- Drug/Alcohol Testing
- Level System



### Student Need:

# 4

Integration with larger university community

### Solutions:

- Open Meetings & Events
- Community Mapping
- Education & Advocacy
- Community Service



## Qualitative Results Since 2012

For Students: 100% Program Completion; Higher GPA's; High Abstinence Rates; High Student Satisfaction

For Universities: Increased Recovery Awareness Through Haven Student Voices; Recruiting Advantage; Research Opportunities

