Prevention & Early Intervention Best Practices in the California Community Colleges

California Community College Students

2.3 million students* served throughout 112 California community colleges

Over 29,000 veterans and over 6,500 military active duty (Spring 2014)

Over 13,000 foster youth (Spring 2014)

DSPS supported 20,900 CCC students with a psychological disability in 2013-14

Of 17,271 California community college students surveyed in 2013: **

- 42% indicated finances were traumatic or difficult to handle
- 22% felt hopeless and overwhelmed
- 18.3% had periods when they felt overwhelming anxiety
- 9.1% seriously considered suicide
- 2.5% attempted suicide

Factors affecting individual academic performance:**

- 28.8% stress
- 20.5% work
- 19.5% sleep difficulties
- 18.3% anxiety
- 13.5% depression
- 11.1% finances

www.cccstudentmentalhealth.org

Funded by California Mental Health Services Authority (CalMHSA) and the California voter-approved Mental Health Services Act (MHSA), Prop. 63.
