# How to Support Students of Concern

This informational guide is designed to assist faculty and staff in recognizing and supporting students of concern.

#### What is a Student of Concern?

A student whose academic progress or functioning in the university environment is adversely affected due to a **number** of indicators outlined below that are impacting their well-being and/or the well-being of others.

# Indicators of Concern

Physical Signs	Change in Behavior	Psychological Signs	Unmet Basic Needs
Poor personal hygiene	Withdrawal or isolation	Delusions or paranoia	Lack of housing
Change in appetite;	Loss of interest or pleasure in activities	Guilt or worthlessness	Food insecurity
weight loss or gain	Increased alcohol or substance use	Sad, anxious, empty	Financial struggles
Agitation or restlessness	Irritability or anger	mood or mood swings	
Change in sleep	Missed or late arrival to class/work		
Recurring physical complaints	,		

# Report your concerns 24/7 to the Triton Concern Line: (858) 246-1111

# Safety RisksImminent Risk to Health and SafetyPhysical violence<br/>High risk/dangerous behavior<br/>Suicidal behavior<br/>Threats of violence to othersCall Campus Police at<br/>(858) 534-HELP<br/>or 911 from any campus phone



# How to Support Students of Concern

#### What happens when you call the Triton Concern Line?

#### Within 1 Business Day

- Your call will be routed to the appropriate Dean of Student Affairs.
- $\blacksquare$  Action will be taken regarding the case.
- If requested, a follow-up email will be sent to the caller.

#### Potential Action Steps

- The Dean of Student Affairs may:
- Coordinate a joint response to the student.
- Identify next steps and additional support, if needed.
- Consult with multidisciplinary team on health and behavioral issues.

#### Behavioral Threat Assessment & Management Team

The goal of the Team is to mitigate behavioral threats to the UC San Diego community through an integrative process of communication, education, prevention, problem identification, assessment, and recommendation of action.

Learn more on BLINK: Behavioral Threat.

#### Addressing Privacy Concerns

The Family Educational Rights and Privacy Act (FERPA) permits communication about a student of concern in connection with a health and safety emergency. Observations of a student's conduct or statements made by a student are not FERPA protected. Such information should be shared with appropriate consideration for student privacy.

**Note:** Health records created or maintained by a physician, psychiatrist, psychologist, or other recognized professional acting or assisting in that capacity, are subject to HIPAA Privacy Rule's restrictions on use and disclosure and cannot be released to a third party without written consent from the student.

#### **Additional Student Resources**

Counseling and Psychological Services (CAPS) (858) 534-3755

CARE at the Sexual Assault Resource Center (SARC) (858) 534-5793

> Student Health Services (SHS) (858) 534-3300

Office for the Prevention of Harassment & Discrimination (OPHD) (858) 534-8298

