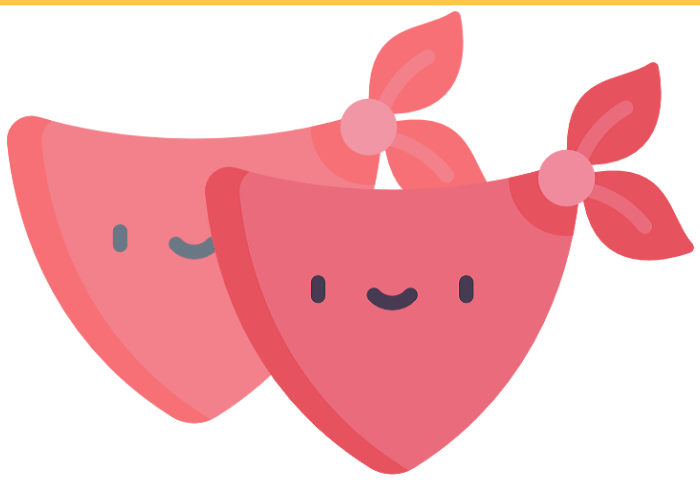
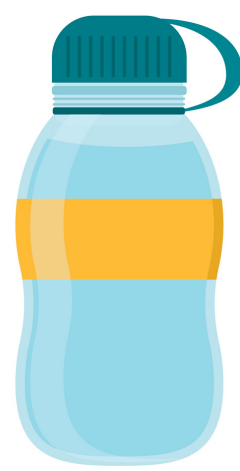


COVID-19 SUMMER TIPS

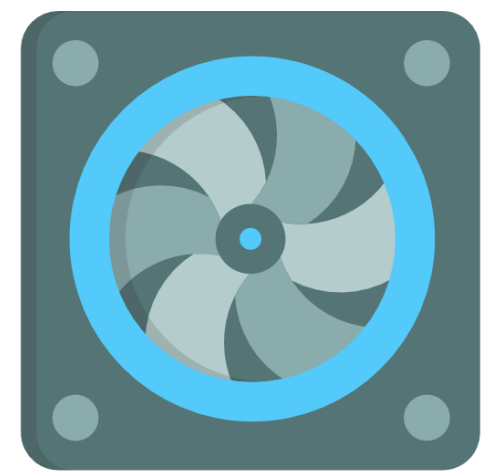
TIPS TO STAY COOL SO YOU CAN KEEP THAT FACE COVERED



**HAVE SEVERAL
FACE COVERINGS
SO YOU CAN
CHANGE OFTEN**



**DRINK WATER
TO STAY
HYDRATED**



**TAKE A FAN TO
YOUR WORK
LOCATION**



**TAKE FREQUENT
BREAKS &
DESIGNATE A
SHADED REST AREA**



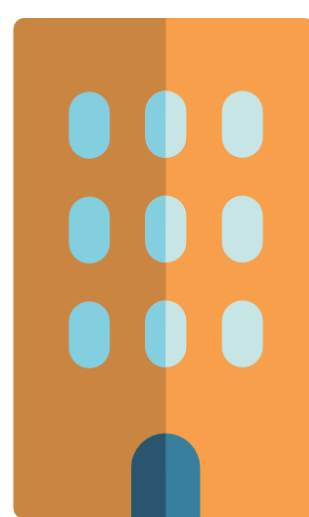
**KEEP EXTRA FACE
COVERINGS/TOWELS
IN A COOLER OR
SOAK IN WATER**



**USE A SPRAY
BOTTLE OF COOL
WATER TO COOL
EXPOSED SKIN**



**AVOID DIRECT
SUNLIGHT**



**GO INDOORS TO
COOLED AREAS
OFTEN**



**WEAR COOLING
VESTS**