Emergency Supplies Checklist

Stocking up now on emergency supplies can add to your safety and comfort during and after an earthquake. Store enough supplies for at least 72 hours.

Essentials

☑ Water — 1 gallon per person per day (a week’s supply of water is preferable)
☑ Water purification kit
☑ First aid kit, freshly stocked
☑ First aid book
☑ Food
☑ Can opener (non-electric)
☑ Blankets or sleeping bags
☑ Portable radio, flashlight and spare batteries
☑ Essential medications
☑ Extra pair of eyeglasses
☑ Extra pair of house and car keys
☑ Fire extinguisher — A-B-C type
☑ Food, water and restraint (leash or carrier) for pets
☑ Cash and change
☑ Baby supplies: formula, bottle, pacifier, soap and baby powder, clothing, blankets, baby wipes, disposable diapers, canned food and juices.

Sanitation Supplies

☑ Large plastic trash bags for waste; tarps and rain ponchos
☑ Large trash cans
☑ Bar soap and liquid detergent
☑ Shampoo
☑ Toothpaste and toothbrushes
☑ Feminine hygiene supplies
☑ Toilet paper
☑ Household bleach

Safety and Comfort

☑ Sturdy shoes
☑ Heavy gloves for clearing debris
☑ Candles and matches
☑ Light sticks
☑ Change of clothing
☑ Knife or razor blades
☑ Garden hose for siphoning and firefighting
☑ Tent
☑ Communication kit: paper, pens, stamps

Cooking

☑ Plastic knives, forks, spoons
☑ Paper plates and cups
☑ Paper towels
☑ Heavy-duty aluminum foil
☑ Camping stove for outdoor cooking (caution: before using fire to cook, make sure there are no gas leaks; never use charcoal indoors)

Tools and Supplies

☑ Axe, shovel, broom
☑ Adjustable wrench for turning off gas
☑ Tool kit including a screwdriver, pliers and a hammer
☑ Coil of 1/2” rope
☑ Plastic tape, staple gun and sheeting for window replacement
☑ Bicycle
☑ City map