# Check Ins Resources for Managers

## STEP Check In Guidance

<table>
<thead>
<tr>
<th>Topic</th>
<th>Possible Desired Outcomes</th>
<th>Possible Responses for a 2-way Conversation</th>
<th>Tips</th>
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</thead>
<tbody>
<tr>
<td><strong>Goals</strong></td>
<td>• Determine if any changes needed</td>
<td>• I’m happy with where things are at. Is there anything specific about your goals you’d like to highlight?</td>
<td>• If you know you will discuss goals during the 4 feedback questions, then you can keep this part brief  • You can explore best practices that may be useful across the team</td>
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<td></td>
<td>• Determine if any immediate actions or support needed before next 1-1</td>
<td>• Do we need to add, change, or delete any of your goals?</td>
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<td></td>
<td>• Note accomplishments &amp; feedback</td>
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<tr>
<td><strong>Competencies</strong></td>
<td>• Determine if any changes needed</td>
<td>• Do we need to add, change, or delete any of your chosen competencies?</td>
<td>• You can connect this to how it impacts their work on goals</td>
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<tr>
<td></td>
<td>• Note accomplishments &amp; feedback</td>
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<tr>
<td><strong>Question 1:</strong></td>
<td><strong>Fulfilling Accomplishments</strong></td>
<td>• The work you did on [project or work product] will be very helpful to our department.</td>
<td>• You can add accomplishments  • You can add goals to document focus projects that have been impactful</td>
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<td>• Celebrate some wins!</td>
<td>• Did you have any “Aha’s” or learnings?</td>
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<td></td>
<td>• Get to know my employee better, especially what interests and motivates them</td>
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<td><strong>Question 2:</strong></td>
<td><strong>Improvement Areas</strong></td>
<td>• I am telling you this because... (I believe that you can improve, I want you to be successful, OR you are a valued member of the team). Let’s think together about concrete ways to improve.</td>
<td>• You can also bring up improvement areas that the employee has not  • Remember: This is part of the Why for the new process—more feedback and two-way dialogue on successes AND areas to improve.</td>
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<td></td>
<td>• Identify at least ONE action step for the employee</td>
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<td></td>
<td>• Get buy-in from the employee</td>
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<td></td>
<td>• Reinforce Growth Mindset (versus fixed mindset)</td>
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<td><strong>Question 3:</strong></td>
<td><strong>Resources Needed</strong></td>
<td>• Tell me more about the problem you are trying to solve.</td>
<td>• You don’t have to provide it all; what is essential is understanding their ask and working with them to see how you can meet that need</td>
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<td>• Identify resources needed that are actionable</td>
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<td>• Leave with a plan in place</td>
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<td><strong>Question 4:</strong></td>
<td><strong>Manager Accountability</strong></td>
<td>• I so appreciate your feedback. I will do [desired action].</td>
<td>• You can model being open to feedback and welcoming it  • It’s okay to take a break if needed</td>
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<td>• Identify at least ONE action step for myself</td>
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<td>• Employee feels supported</td>
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Examples

Here are the examples shared in the eCourse. This one example to show one way to respond. Your responses may vary according to your goals and your style. STEP is meant to be flexible and meet your needs.

Goal Example

![Customer Service Requests]

**Description**: I will respond to 100% of customer service requests within 48 hours as measured by quarterly review of email requests.

- Status: In Progress

**Manager Comments**: Jan 26:

- Great job, Janine. You’ve increased your response rate from 80%. Let’s discuss your strategies and what worked and why.
- For the 5%, let’s analyze what’s happening there so we can learn and make more appropriate goals. Perhaps we can make the goal 95% instead of 100%.

**Employee Comments**: Jan 25 update:

- 95% response within 48 hours
- Remaining 5% within 7 days
Competency Example

**Competency 1: Communication: Clearly and effectively shares information**

**Description:** Expresses ideas and information in a clear and accurate manner in different situations, verbally and in writing, to meet department and organizational objectives. Establishes communication that is both proactive and responsive. Demonstrates skill in listening to, influencing and interacting with others, and seeks perspectives from others to ensure inclusiveness and understanding. Where applicable, makes effective formal presentations.

**Manager Comments**

Jan. 26 update:

- Building relationships with all clients is one of your strengths. I'd like you to share your strategies with the team. One suggestion is to think about the right balance of building relationships and managing your time on calls.
- Let's review possible communication and writing classes for user friendly writing of complex issues.

**Employee Comments**

Jan 25 update:

- I often patiently and effectively help frustrated clients with new systems.
- I want to learn more tips to make complex subject matter easy to understand.
Example Question 2

**Improvement Areas**

Description: In what areas would you like to improve and what steps will you take to bolster your performance in these areas?

**Manager Comments**

Jan 26:

- To improve time management, think about your time on calls while keeping strong relationships with clients.
- Another area to grow is in facilitating our data discussions, which you are good at. Try using data visualizations when presenting data. This ties into your desire to learn how to make complex subject matter easy to understand.
- Use our UCOP resources: LinkedIn Learning, L&D, etc.

**Employee Comments**

Jan 25 update:

- I can improve my time management.
- I will find an article or podcast on time management strategies and implement one idea between now and our next checkpoint.
Bank of Questions/Statements for Reference

General Reflection:
- What strategies are working and why?
- What is a current challenge in your work? Why?
- What new practice/ work areas came easy for you? Why?
- What new areas were more difficult to change or develop? Why?
- Did you have any “Aha’s” or learnings? What will you continue? What might you do differently?

Reflecting on Success:
- What do you see as your strengths?
- What is the work you are most proud of?
- What do you do to be successful in this goal/ competency?
- How can you use these same actions/practices/strategies elsewhere?
- How do you keep focused on your goals when work is busy?

Reflecting on Area of Growth:
- What do you see as an area of growth? Why?
- What makes this area challenging for you? Why?
- What gets in the way of your progress in this area? How can we remove this barrier?
- Think of a success....What can you use from an area of success to help you in this area of growth?
- (After giving feedback or suggestions) What resonates about the feedback/suggestion? What do you agree with?

Statements/ Questions for Resistance:
- I am telling you this because... (I believe that you can improve, I want you to be successful, OR you are a valued member of the team). Let’s think together about concrete ways to improve.
- I understand this is difficult to hear. My intention is to help you succeed. I want to be clear about what is expected so that I can help you work on these skillsets.
- I am sharing what I have observed. Do you have additional work or examples to share so I can better understand your point of view?
- Let’s look at our department and team goals. What I am really looking for is to support you so your work is impactful. Our team goal is [goal], and we really need your work to help us with these goals.

Determining Action Steps
- What next steps are needed?
- What do you need to do first to start on this work?
- What support do you need with these action steps?
- Let’s calendar the next time we will check in on this action step.

Determining Support
- What support do you need with your next steps?
- What can I or other teammates do to support you?
- What supports you to keep focused on your goals during busy times?
- What skills would you like to develop?
- What are your professional goals for the future? Are there areas you would like to learn or grow in? (attend classes or receive stretch assignments while in current role)

What to do when emotions run high:
- I need to get my thoughts better together to have a more fruitful discussion. Can we continue this discussion at a different time?
- Thank you for your feedback. I’d really like to give this some time to be able to be thoughtful in my response. Can we continue this conversation at a different time?
- I noticed your tone has shifted. Would it be helpful to take a break?
- I can sense that you might be feeling a little frustrated by this conversation... Let’s end for now and pick it up at our next one on one.