

1) Where do you currently live?

- Campus residence hall
- Fraternity or sorority house
- Other college/university housing
- Parent/guardian’s home
- Other off-campus housing
- With a friend until I find other housing
- Houseless
- Other

2) For the following statements about where you live, how much do you agree or disagree?

	Disagree a lot	Disagree a little	Agree a little	Agree a lot	Don’t know
a. It is easy to buy fresh fruits and vegetables.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. There is a large selection of fresh fruits and vegetables.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. The fresh fruits and vegetables are high quality	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. The fresh fruits and vegetables are affordable.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

3) Think about the current quarter or semester. How often do you go to each of the following places to get groceries or prepared foods?

	Very Often	Often	Some-times	Rarely	Never
a. University food outlet (using meal plan)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. University food outlet (NOT using meal plan)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. Campus food pantry or other free food assistance program on campus	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. Fraternity or sorority	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e. Grocery store, supermarket	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
f. Co-operative grocery	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
g. Small corner store or convenience store (such as 7-Eleven, Quick Stop)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
h. Warehouse club or superstore (such as Costco, Sam’s Club, Walmart, Target)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
i. Farmer’s market or produce stand	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
j. Garden or other outdoor foraging for fruits or vegetables	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
k. Fast food restaurant (such as McDonalds, Taco Bell)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
l. Other type of restaurant, buffet, food truck, or coffee shop	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
m. Food pantry, soup kitchen or other free food assistance program (off campus)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
n. Parent’s home or home of other family	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
o. Friend’s home	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
p. Free food at event on or off campus	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

University of California Global Food Initiative - Got Food? Survey

4) Think about the current quarter or semester. How often has each of the following circumstances made it hard for you to get the food that you want?

	Very Often	Often	Sometimes	Rarely	Never
a. Lack of time to shop for food	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. Lack of time to prepare food	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. Lack of facilities to cook or store foods	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. Lack of reliable transportation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e. Cost of food	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
f. Location of food outlets on campus	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
g. Hours of operation of food outlets on campus	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
h. Lack of cultural foods	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
i. Lack of foods for my dietary needs	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

5) Have you received information about the following things from the university or student groups? (Do NOT include information you received from someplace else.)

	Yes, I have received this, and I have used this information	Yes, I have received this, but I do not need this information	No, I have not received this, but I would like to	No, I have not received this, and I do not need this information
a. How to apply for federal food assistance programs (CalFresh, Food Stamps, SNAP, WIC)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. Location of local food pantries, food banks, or free food sources	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. How to cook simple, cheap, and healthy meals	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. How to manage and budget monthly living and college costs	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e. Resources about where to go and who to talk to on campus if I am having trouble getting enough food	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

6) For the following statements, please say whether the statement was often true, sometimes true, or never true for you in the last 12 months.

	Often True	Sometimes True	Never True
a. The food that I bought just didn't last, and I didn't have money to get more.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. I couldn't afford to eat balanced meals.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. I was worried whether my food would run out before I got money to buy more.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

7) In the last 12 months, did you ever cut the size of your meals or skip meals because there wasn't enough money for food?

- Yes, almost every month
- Yes, some months, but not every month
- Yes, only 1 or 2 months
- No

8) In the last 12 months, did you ever eat less than you felt you should because there wasn't enough money for food?

- No Yes

9) **In the last 12 months, were you ever hungry but didn't eat because there wasn't enough money for food?**

- No Yes

10) For the following statements, please tell us how often each of these things happened to you <u>in the last 12 months</u> .	Every month	Some months during the year	1 or 2 times in the year	Never
a. I had difficulty concentrating on my studies because I was hungry and didn't have enough money for food.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. I went hungry so that I could use my food money to go out somewhere social with friends.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. I asked family or friends for help so that I had enough money to cover my costs.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. I bought the cheapest food available even though I knew it wasn't the healthiest.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e. I had to choose between paying for food and paying for medicine or medical care.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
f. I had to choose between paying for food and paying for housing or utilities.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
g. I had to choose between paying for food and paying for school loans, tuition, or other educational expenses.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

11) For the following statements, please indicate whether the statement was often true, sometimes true, or never true for you during your childhood.

	Often True	Sometimes True	Never True
a. In my family, the food that we bought just didn't last, and we didn't have money to get more.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. In my family, we worried whether our food would run out before we got money to buy more.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

12) How would you describe your general health?

- Excellent
 Very Good
 Good
 Fair
 Poor
 Don't know

13) On how many of the past 7 days did you do the following?

	0 days	1 day	2 days	3 days	4 days	5 days	6 days	7 days
a. Eat breakfast or a morning meal	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. Drink regular soda, sports drinks, or energy drinks that contain sugar	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. Do moderate-intensity cardio or aerobic exercise for at least 30 minutes	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. Do vigorous intensity cardio or aerobic exercise for at least 20 minutes	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e. Do 8-10 strength training exercises (such as resistance weight machines) for 8-12 repetitions each	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
f. Get enough sleep so that you felt rested when you woke up in the morning	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

14) What is your height in feet and inches? ____feet ____inches

15) What is your weight in pounds? ____ pounds

16) How would you describe your weight?

- Very underweight
- Slightly underweight
- About the right weight
- Slightly overweight
- Very overweight

17) Are you trying to do any of the following about your weight?

- I am not trying to do anything about my weight
- Stay the same weight
- Lose weight
- Gain weight

18) In the last 30 days did you do any of the following? (mark all that apply)

- Exercise to lose weight
- Diet to lose weight
- Vomit or take laxatives to lose weight
- Take diet pills to lose weight
- None of the above

19) How many servings of fruits and vegetables do you usually have per day? (1 serving = 1 medium piece of fruit, ½ cup fresh, frozen or canned, ¾ cup juice, 1 cup salad greens, or ¼ cup dried fruit)

- 0 servings/day
- 1-2 servings/day
- 3-4 servings/day
- 5 or more servings/day

20) In the last 12 months, have you ever gone to a food bank or food pantry for food?

- No, I don't need to
- No, I don't know where one is
- No, I don't like the food there
- Yes, once or twice in the year
- Yes, once or twice per month
- Yes, once or twice per week
- Yes, more than twice per week

21) **In the last 12 months**, how would you rate the overall level of stress you have experienced?

- No stress
- Less than average stress
- Average stress
- More than average stress
- Tremendous stress

22) **In the last 12 months**, have you been diagnosed or treated by a professional for any of the following? (mark all that apply)

- Allergies
- Asthma
- Diabetes
- High blood pressure
- High cholesterol
- Irritable bowel syndrome (IBS)
- Eating disorder
- Migraine headache
- None of the above

23) **In the past 12 months**, have you ever had any of the following feelings? (mark all that apply)

- Felt things were hopeless
- Felt overwhelmed by all you had to do
- Felt exhausted (not from physical activity)
- Felt very lonely
- Felt very sad
- Felt so depressed that it was difficult to function
- Felt overwhelming anxiety
- Felt overwhelming anger
- None of the above

24) Please mark the one statement that best describes you.

- I currently receive federal food assistance (CalFresh, Food Stamps, SNAP, WIC)
- In the past I (or my family when I lived with them) received federal food assistance, but I do not receive it now
- I have never received federal food assistance

25) Think about the **current quarter or semester**. Did you receive financial aid, need-based grants or scholarships, or need-based loans to pay for college and living expenses?

- No Yes

26) Have you ever had to suspend your studies due to your financial situation?

- No Yes

27) Currently do you help to financially support your siblings or parents?

- No Yes

28) Are you the parent of a child?

- No Yes

29) What is your primary source of health insurance?

- My college/university sponsored plan
- My parents' plan
- Another plan
- I don't have health insurance
- I am not sure if I have health insurance

30) How many hours a week do you work for pay?

- 0 hours
- 1-9 hours
- 10-19 hours
- 20-29 hours
- 30-39 hours
- 40 hours
- More than 40 hours

31) How many hours a week do you volunteer?

- 0 hours
- 1-9 hours
- 10-19 hours
- 20-29 hours
- 30-39 hours
- 40 hours
- More than 40 hours

32) Are you an international student? No Yes

33) Are you an out-of-state student?

- Yes
- No

34) Have you transferred to this college or university within the last 12 months?

- No
- Yes

35) What is your enrollment status?

- Full-time
- Part-time
- Other

36) What is your year in school?

- 1st year undergraduate
- 2nd year undergraduate
- 3rd year undergraduate
- 4th year undergraduate
- 5th year or more undergraduate
- Graduate or professional
- Not seeking a degree
- Other

37) What is your approximate cumulative grade average?

- A
- B
- C
- D/F
- N/A

38) What is your marital status?

- Single
- Living with a partner
- Married
- Divorced
- Separated
- Other

39) What is your gender?

- Female
- Male
- Transgender

40) How do you usually describe yourself (check all that apply)?

- White
- Black or African American
- Hispanic or Latino/a
- Asian or pacific islander
- American Indian, Alaskan Native, or Native Hawaiian
- Biracial or Multiracial
- Other

41) How old are you?

Years

0	0
1	1
2	2
3	3
4	4
5	5
6	6
7	7
8	8
9	9

Thanks for your help!