

Healthy Vending Machine Standards

The Global Food Initiative Healthy Vending Work Group aims to improve access to healthy food and beverage options sold in vending machines for students and employees throughout the entire UC system. Through research of existing healthy vending policies and extensive outreach with stakeholder groups throughout UC, the work group has developed the UC Healthy Vending Guidelines and a Best Practices Implementation Toolkit.

The guidelines were developed to provide a consistent set of nutrition criteria and recommended implementation procedures for all UCs to follow, with the intent that these are eventually adopted as a University of California systemwide policy. To that end, the work group has created a set of materials for use in achieving and supporting UC systemwide policy adoption, and the language used in these materials reflect that intention. These materials are available for download below and may be useful, whether a UC location chooses to voluntarily implement these guidelines or pursue formal policy adoption. All are welcome to use and adapt the materials created by this work group to fit the needs of their own organization.

For any questions, comments, and updates about healthy vending progress at your campus/location, please contact the UC Healthy Vending Work Group co-chairs:

Kyrie Bass, UCLA, kbass@ha.ucla.edu or (310) 825-1016

Janice Kao, UCANR Nutrition Policy Institute, jankao@ucanr.edu or (510) 642-3589

We are always interested in hearing about healthy vending policies and initiatives taking place in other higher education settings, and welcome the opportunity to collaborate!

UC Healthy Vending materials

Version for voluntary implementation:

Guidelines [link to file: UC Healthy Vending Guidelines FINAL for dissemination.pdf]

FAQ's [link to file: UC Healthy Vending FAQs for dissemination.pdf]

Version for policy adoption:

Draft Policy formatted in the UC presidential policy template [link to file: UC Healthy Vending Policy DRAFT 040417.pdf]

Implementation and other support materials:

Best practices implementation toolkit [link to file: UC Healthy Vending Toolkit FINAL for dissemination.pdf]

This toolkit contains useful information for implementing the healthy vending guidelines (whether being done voluntarily or formalized as a policy) and includes topics around meeting with vendors, product promotion, forming partnerships and other information to help you successfully add healthy products to your vending machines. It also gives more detail about the purpose and methodology behind the policy and toolkit.

Elevator pitch [link to file: Healthy Vending Policy Elevator Pitch 050818.pdf]

Business case [link to file: UC GFI Healthy Vending Business Case 101917.pdf]

The elevator pitch and business case are shorter pieces that were originally developed to help explain why a systemwide policy is needed. Either one can be adapted to the needs of your own campus, whether you are working on adopting your own formalized policy or garnering support to voluntarily implement guidelines.

Nutrition Calculator [link to file: UC Healthy Vending Guidelines Nutrition Calculator for Snacks Entrees and Meals.xlsx]

To help determine if your vended snack, entrée, or meal product meets the UC Healthy Vending nutrition standards, try using this this nutrition calculator.