

College Access & Preparation (CAP) Forum

Renewing our commitment to student
equity, access and achievement

Creating and Facilitating Engaging and Impactful Parent Programs

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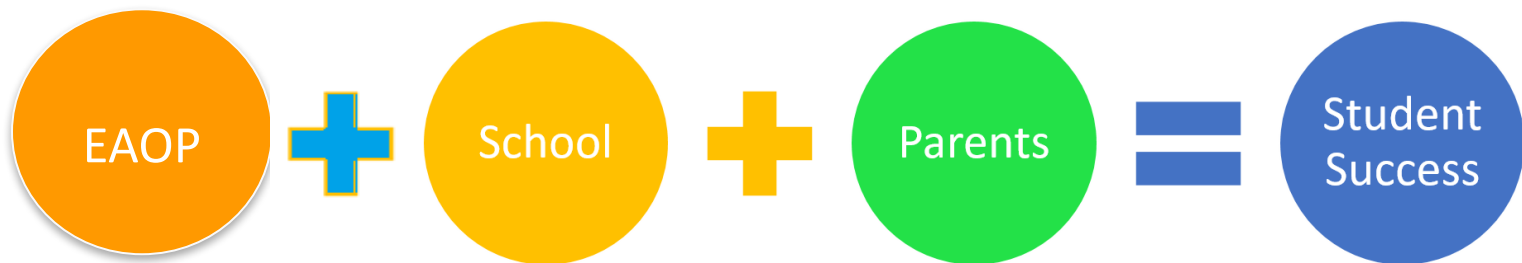
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Setting The Stage

- Agreements
- Why are we here?
- A look at parent and family engagement with UC Davis EAOP
- How we keep parents engaged and coming back for more



Agreements

- What are agreements?
- Safety is key to learning.
- Agreements important, especially when working with parents.
- In groups of 5 you will come up with 5 agreements and share 1 with the larger group.
- We will only have time for 5 groups to contribute their agreement.

Why is Parent and Family Engagement Important?

- “At the end of the day, the most overwhelming key to a child success is the positive involvement of parents”.
-Jane D. Hull



Why are you here?

- Snowball Activity to answer the question, “Why are you here?”

What's Working? What's Not Working?

- Individually, please take **1 minute** to write down what you think is working and not working with parent and family engagement.
- In groups of 5, please **1 minute each**, to share your thoughts and come up with one thing that is working, and one thing that is not working with parent and family engagement.

*** Each group will need a reporter to share***

What is UC Davis EAOP up to with parent and family engagement?

- Camino a la Universidad (Road to the University)
- Parent Village
- Program mandated parent and family engagement



How are we funding parent and family engagement?

- UCE funds (seed funding, no longer available)
- Leveraging support from schools, districts and partners
- Effective budgeting and financial planning
 - ❑ \$20,000 from UCOP UCE Fund (15-16)
 - ❑ \$5,000 from Woodland Joint Unified (16-17)
 - ❑ \$5,000 from Woodland Joint Unified (17-18)
 - ❑ \$2800.00 from Sacramento Charter HS (16-17)

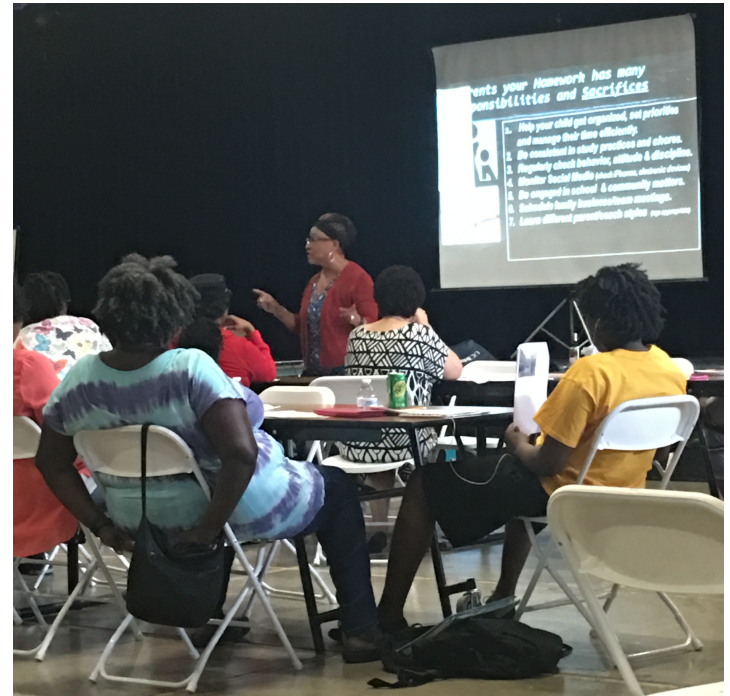
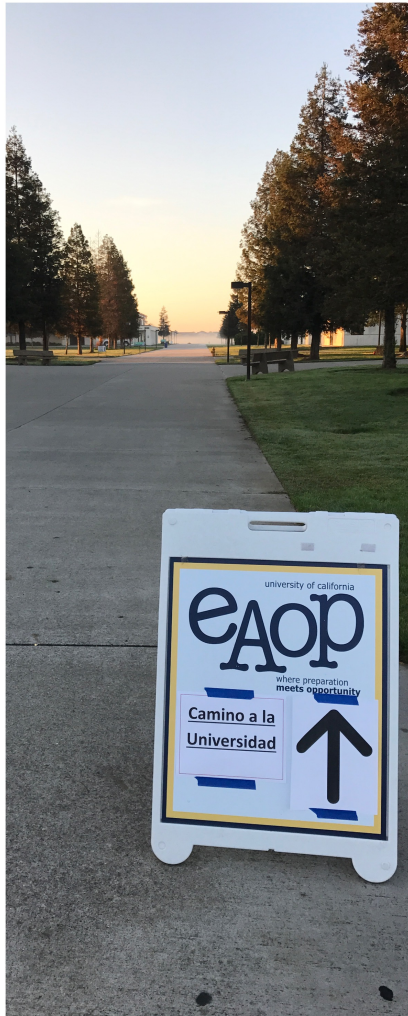
Components of Parent Village and Camino a la Universidad

- College knowledge and ***Advocacy***
- How to effectively support and communicate with youth
- Parenting strategies and advice
- Field trips

(Please see handout for additional list of topics and activities)

What made these programs effective?

- Support and partnering with parent liaisons
- Outreach (phone calls, e-mails, flyers, auto calls from school to all parents and families)
- Fun and engaging sessions
- Yummy meals (breakfast or dinner)
- Student Outreach Assistants (*College Students*)
- Raffle prizes (gift cards, uniforms, books, t-shirts and sweaters, UCD water bottles)
- Childcare provided by the school site
- Partnership with local community college



Evaluation

Please fill out your evaluations and give us as much feedback as you can.

Questions/Comments?

Contact Us

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UC Davis EAOP

Amendment to the Community Engagement Grants Program Application

Friday, August 07, 2015

Submitted by

**Rogelio Villagrana
Interim Director**

**Lori Fuller
Regional Assistant Director**

Background

Preciously the University Community Engagement Grant funds were used for the Parent University at Luther Burbank. We are requesting an amendment to the original proposal in order to be able to use the funds for 2015-16 at two different schools and transplant the concept of a parent university while customizing it to meet the needs of the two distinct communities one being rural (Pioneer High School) and one being urban (Sacramento Charter High School).

The mission of the Early Academic Outreach Program is to contribute to educational equity and access by motivating and preparing students to pursue and succeed in postsecondary opportunities. To ensure the success of EAOP participants, a multifaceted approach is used to provide students with the knowledge, resources, and tools, needed to be the most successful and competitive applicant when applying to college. Through engaging workshops, individualized academic planning, and a student centered approach, EAOP is committed to student success. In addition to working with students, we highly value the role that parents and families play in ensuring the success of their student. Parental involvement is critical to the social, emotional, psychological, and educational success of all students. An absence of parental involvement is one of the factors that has a significant negative impact upon students success.

Parental involvement, while typically viewed as parents showing up to school activities and events, it is important to remember that involvement includes, but is not limited to school functions. Involvement includes assistance with homework, a stable and positive home environment, as well social and emotional support that contributes to the success of the student.

All of the programs, workshops and information that will be shared at Parent University, will center around the current research that exist about best practices in education and parent involvement programs. The research and work of educational experts, such as Dr. Joyce Epstein, Dr. Rex Fortune, Ann A. Brown, and other professionals, will serve as a guide to ensure programs and materials are aligned with best practices for success.

Dr. Joyce Epstein's research on the six types of involvement, will also be a critical component of the Parent University program. Dr. Epstein's framework for parent involvement includes the following six types of involvement:

Joyce Epstein's Six Types of Involvement

Type 1	Parenting	Assist families with understanding age appropriate child rearing, discipline, and youth development
Type 2	Communicating	Work with families and school to understand the importance of a healthy and effective school and family relationship
Type 3	Volunteering	Connect parents with opportunities to effectively engage with the school and help out when possible
Type 4	Learning At Home	Engage families to make the home environment conducive to learning with homework as well as other educational activities
Type 5	Decision Making	Provide families with information that allows them to be informed about decision making at school
Type 6	Collaborating With Community	Connect families with community resources and programs that will aide in their success socially, emotional, spiritually, psychologically and financially.

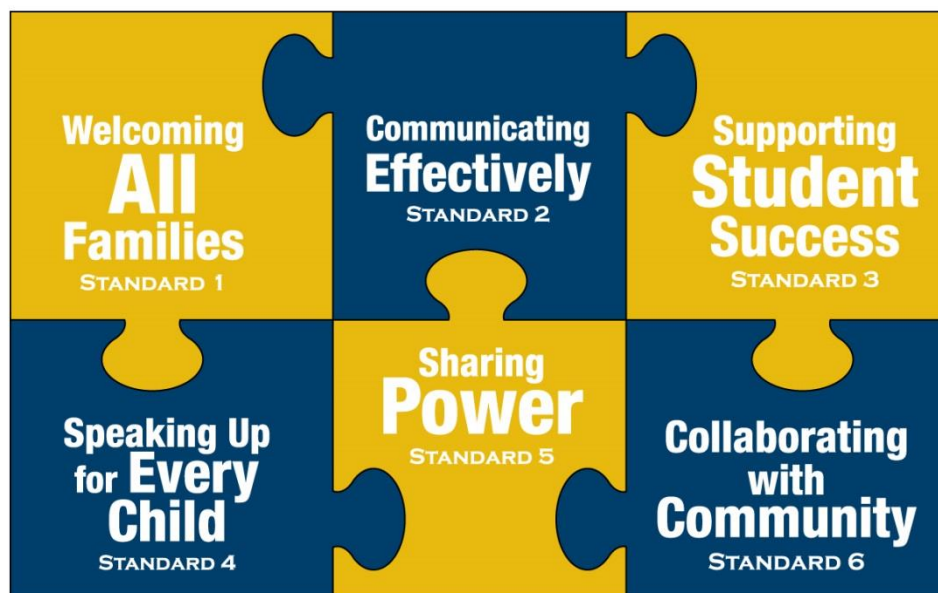
Information taken from The Center on School, Family, and Community Partnerships at Johns Hopkins University; 2015

The concepts for the two programs are as follows.

Pioneer High School

In partnership with the UC Davis Early Academic Outreach Program
Parent University
2015-2016

National Standards for Family-School Partnerships



PTA.org/excellence



A parent is the best and strongest advocate for a child.

“What is the most underused resource in education today? **Parents.**”

-Lauren Trip Barlis

OBJECTIVE:

To provide college related information in Spanish to parents of English Learners. As well as introduce them to strategies on how to better support their children during their post-secondary journey.

DESCRIPTION:

The Pioneer High School Parent University will begin with an all-day (8:30-3:00) conference with breakfast, lunch, and childcare provided (if needed interpreters will be provided). Some of the potential topics could be: A-G requirements, college making it happen, importance of parent involvement, and leadership development. A pre and post survey will be used to track the development of the participants. One of the main sessions will be to generate topics from the parents for the monthly sessions during the year (once per month). Interpreters will be provided to English speaking parent that request one.

A committee of no more than 10 parents will be developed from the conference participants to help develop and implement the workshops from the topics that the parents suggest.

The workshops will take place once a month in the evening. Dinner and childcare will be provided for each session. The final session will be an evening celebration with dinner and certificates of completion presented to participants who attended a minimum of 4 sessions.

The parent participants will be invited to participate in a minimum of two campus visits. The decision of where to go will be made by the planning committee and budget constraints.

Each of the planning committee members will be encourage to take the *Strengths Finder* assessment. This tool will be used to help the team work together more effectively and to help individuals develop professionally and personally. The sessions will be delivered by a Gallup Certified Strengths Coach.

OUTCOMES:

- Understand A-G knowledge and proper sequence of classes
- Understanding eligibility vs. competitive eligibility
- Enhance the families college going culture
- Strengths development and understand their *Top Five Themes*
- Advocacy skills development
- Understanding of financial aid options

BUDGET: October 2015-May 2016

Budget Category	UC Davis EAOP and PHS Indirect Cost	UC Davis EAOP Direct Costs	PHS Direct Cost
<i>Staffing: Lead contact</i> Parent Liaison Pioneer HS Staff Counselors and Teachers: Help Promote the conference and sessions.	\$6,000	0	0
<i>Staffing: UCD EAOP</i> Student Outreach Assistant Expenses Lead Student Outreach Assistant: 100 hours at \$12 per hour 3 Student Outreach Assistants: 100 hours at \$10 per hour 200 Total miles driven	\$2,500	0	0
<i>Staffing: EAOP</i> UC Davis EAOP RAD (.12 FTE)	\$7200.00	0	0
Pioneer HS Facilities/Overhead for Conference: (2 day: Commons at \$20 per hour at 8 hours) (6 classrooms x at \$30 per hour at 8 hours) Used the amounts from the WJUSD Board Policy 1330 "Community Use of School Facilities"	\$1760.00	0	0
Pioneer HS Facilities/Overhead for Monthly Sessions: (7 days: Commons at \$20 per hour at 4 hours) Used the amounts from the WJUSD Board Policy 1330 "Community Use of School Facilities"	\$560.00	0	0
Supplies (Conference, monthly sessions, and planning meetings)	\$1,000.00	0	0
Mail and Copy Expenses	\$1000	0	0
Field Trip Transportation (2 trips with 2 Charter buses to transport participants (parents and children) and staff @ \$1200)	0	\$2,400.00	0
Field Trip Meals (lunch @ \$10 per person x 55 participants x 2).	0	\$1,100.00	0
Conference Budget: Breakfast for 100 individuals at \$10 per person. Lunch for 100 individuals at \$15 per person.	0	\$2,500.00	0
Monthly Sessions: Dinner for 50 participants at \$10 per person for 6 sessions.	0	\$3,000.00	0
Celebration Budget (ALA) Pollo LOCO; Table covers, Cookies, Fruit, Salad and salad dressing for 120 individuals	0	\$1,000.00	0
Sub-total (PHS HS/WJUSD Direct Costs)	0	0	\$0.00
Sub-total (UC Davis Direct Costs)	0	\$10,000.00	
Sub-total (Indirect costs - UC Davis EAOP and Pioneer HS combined)	\$14,020.00		
Total budget (direct and indirect for UCD EAOP and Pioneer High School – based on 50-100 participants)			\$24,020.00

Grand Total: \$24,020.00

Sacramento Charter High School

Parent University
2015-2016



Building Strong Students, Through Strong Families

"At the end of the day, the most overwhelming key to a child's success is the positive involvement of parents." Jane D. Hull

Goals

The goal of the Parent University program is to provide parents and families at Sacramento Charter High School (SCHS) with the knowledge, tools and resources to best support their student's preparation toward postsecondary education. Sacramento Charter HS is an independent 9-12th grade charter school, run by the St. Hope Academy. St. Hope Academy also runs other elementary and middle school charter programs. EAOP reestablished a partnership with SCHS in the Fall 2014, to provide additional services to support the college prep curriculum that the school offers to over 900, low income and underrepresented students. African American and Latino students, make up over 70 percent of the total enrolled population. Over 73 percent of the students qualify for free or reduced lunch.

Parent University will complement the already existing services that EAOP offers including a full service outreach program, the summer Ujima Academy, and a proposed school wide after school program.

Current data and research shows that students who have strong support and parental involvement from home, are much more likely to excel academically. Through this program, we hope that participants will be able to:

- Better support their student as they prepare for higher education
- Gain additional knowledge and skills to strengthen relationships with their students
- Become active and engaged in the decision making process of their students school site
- Connect parents to community resources, programs and support systems
- Create a network of parental support with other parents
- Engage parents in understanding the importance of educational advocacy and their rights as a parent

Program Ideas

- Overview and Understanding of Higher Education
- Money Matters: Financial Aid and Financial Literacy
- Understanding the Achievement Gap
- Time, Stress Management and Academic Success for Teens
- Community Resource Presentations
- Technology and Teens
- Creating and Maintaining an Effective Support System
- Building and Maintaining a Relationship with Your Students' School
- Common Core and Testing
- College Visits
- Communication with Teenagers
- Understanding the Importance of Self Care

****Programs will be held twice per month, with one session on a weekday, and one half day Saturday session. Meals and childcare will be provided.**

Sacramento Charter HS/EAOP Parent University Projected Budget

January 2016-June 2016

Budget Item	UC Davis Indirect Cost	UC Davis Direct Cost	SCHS Direct Cost (pending)
<u>Staffing</u> <ul style="list-style-type: none"> UC Davis Regional Asst Director 2 EAOP Student Assistant @ 20 hours per month x 12.00 per hour (480.00/per month) Sacramento Charter HS Staffing 	5500.00	\$2800.00	varied
Supplies and Materials (200.00 / month)	1000.00	\$1200.00	
Guest Speakers (100.00/month)		\$ 600.00	
Transportation/Mileage		\$600.00	
Field Trip		\$1700.00	
Facilities /Space			varied
Mailing/Copies	500.00	\$300.00	
Food		\$2000.00	
Child Care			varied
Incentives		\$1000.00	
	7000.00	10,000	

Total 17,0000

**** Confirmation from SCHS regarding direct cost to be paid by them will be determined in early September 2015**