Welcome to UC at UCLA!

Built for students, with student involvement, the University of California Student Health Insurance Plan—UC SHIP—provides accessible and affordable coverage that protects you from unexpected healthcare costs that could affect your future success—graduation and beyond.

UC SHIP at UCLA includes medical, pharmacy, dental and vision care for you, with the added benefits of coverage for your eligible dependents. Plus, your medical coverage includes emergency and urgent care coverage anywhere in the world, as well as behavioral health coverage abroad.

How The Ashe Center and UC SHIP Work Together

The Ashe Center and UC SHIP work together to provide comprehensive medical care that meets the diverse, individual needs of our students. You must:

- Must first seek non-emergency medical care at The Ashe Center before seeking care at your primary care provider.

- If you need care outside of The Ashe Center and need care that is covered by UC SHIP, you must first seek care from a primary care provider. You'll be directed to an appropriate provider.

The Ashe Center is staffed by experts in student health—your first point of contact will typically be your primary care clinician. You'll be directed to an appropriate provider.

See number 2 under “Get the Care You Need” for other exceptions to the referral rules.

In an Emergency

Call 911 or go directly to the nearest emergency room or Urgent Care Clinic.

Anthem Blue Cross makes the sole and final determination as to whether services were rendered in connection with an emergency.

In a Health Crisis

The Ashe Center can’t treat mental health or substance use disorder. The Ashe Center can’t treat mental health or substance use disorder.

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**Medical Coverage**

Highlights of your UC SHIP coverage are shown below. Certain expenses and services are excluded from your medical coverage. You’ll find a list on the UC SHIP website at www.ucop.edu/ucship. Los Angeles + Access Benefits Administration Info + Medical Coverage – Anthem Blue Cross + Find Out What Is Excluded by UC SHIP.

**Pharmacy Coverage**

OptumRx is the pharmacy benefit administrator for UC SHIP. You can take your prescription at any pharmacy, but you may pay the lowest costs if you take it to The Ashe Center or an OptumRx network pharmacy. Certain expenses and services are excluded from your Pharmacy coverage. You’ll find a list on the UC SHIP website at www.ucop.edu/ucship. Los Angeles + Access Benefits Administration Info + Pharmacy Coverage – OptumRx (formerly Catamaran) + Prescription Drug Plan.

**Dental Coverage**

UC SHIP provides the highest benefits when you receive services from dentists in the Delta Dental PPO network. You decide how you want to manage costs by selecting a network or out-of-network dentist. Certain expenses and services are excluded from your Dental coverage. You’ll find a list on the UC SHIP website at www.ucop.edu/ucship. Los Angeles + Access Benefits Administration Info + Your Dental Coverage – Delta + Evidence of Coverage. Enhancements for 2016–2017 are shown in green.

**Vision Coverage**

UC SHIP covers a greater portion of your fees when you receive exams, glasses or lenses from a provider in the Anthem Blue View Vision Insight Plan network. You can obtain services right on campus at the Optometry Center at the Ackerman Student Union, as well as at one of the Anthem Blue View Vision Insight Plan providers. Manage your budget wisely—if you use a retail provider, be sure to determine whether they are a network Anthem Blue View Vision Insight Plan provider before you make a purchase. Certain expenses and services are excluded from your Vision coverage. You’ll find a list on the UC SHIP website at www.ucop.edu/ucship. Los Angeles + Access Benefits Administration Info + Access Benefits Administration Info.