# Training, Education and Resources

## Training

UC Merced offers several opportunities for Faculty/Staff & Graduate Teaching/ Research Assistant training related to mental health and wellness.

#### Workshops and Trainings

Counseling and Psychological Services (CAPS) at UC Merced offers outreach trainings to the campus for faculty, staff, graduate assistants, student groups and other campus groups or departments. These trainings can be customized for each particular group, but generally focus on providing information on services offered by Counseling and Psychological Services, education on mental health issues, guidelines on how to assist a student in distress, referral information, and resources available through the CAPS website, Facebook page and Twitter. Additionally, presentations highlight the use of the Red Folders, a resource for faculty and staff on how to deal with a student in distress which includes specific UC Merced and community resource information. Presentations are based on the availability of CAPS staff, which may be limited during times of the semester that CAPS is heavily utilized.

#### Individual Consultations

CAPS staff are available to provide individual consultation to faculty, staff and graduate assistants about particular students or situations. Please call the CAPS office at (209) 228-4266.

#### **Contact Information**

For more information on how CAPS can provide resources, trainings or support regarding mental health concerns, please contact Counseling and Psychological Services at (209) 228-4266.

More information about CAPS services can be found at http://counseling.ucmerced.edu/ and on our Facebook and Twitter pages.

## Education

#### Center for Engaged Teaching and Learning (CETL)

"Great teachers do not all have a single style — but they do all have a singular goal: to reach students in ways that have deep and lasting influence on how they think and act throughout their lives and careers."

-Anonymous

UC Merced's Center for Engaged Teaching and Learning (CETL) is committed to supporting Faculty Accreditation Officers (FAOs) and colleagues in the design and assessment of Program Learning Outcomes (PLOs). This office provides a number of useful resources that can facilitate that process. In addition to these resources, they are available for individual consultations.

Resources on the CETL website include:

- Faculty Services
- TA Services
- Academic Technology
- English Language Institute
- Service Request and Feedback Form

Contact the Center for Engaged Teaching and Learning (CETL) at (209) 228-7959 or via email at crte@ucmerced.edu. Visit http://crte.ucmerced.edu/ to learn more.

### Resources

#### FOR STUDENTS

Brian O'Bruba, Interim Assistant Vice Chancellor, Student Life (209) 228-2958

**Dr. Fuji Collins,** Assistant Vice Chancellor, Student Wellness, Interim Dean of Students (209) 228-4331

**Dr. Brandon Boggs,** Executive Director, Student Health & Counseling Services (209) 228-2273

**Dr. Myrla Seibold,** Associate Director of Counseling & Psychological Services (209) 228-4266

Dr. Holly Mayo, Director, Disability Services (209) 228-6996

Le'Trice Curl, Director, Office of Student Conduct (209) 228-7881

Vanessa Hauser, Associate Director, Housing and Residence Life (209) 228-4262

#### IN THE COMMUNITY

#### National Suicide Prevention Lifeline

(800) 273-8255 24-hour, toll-free, confidential suicide prevention hotline available to anyone in suicidal crisis or emotional distress

#### Mercy Medical Center

(209) 564-5000 Provides access to personalized Primary Care Physicians and General Surgery services for you and your family, right here at home

#### Marie Green Psychiatric Center

(209) 381-6879 Offers inpatient care for persons with mental health and substance abuse disorders, persons with post-traumatic stress disorder, lesbian, gay, bisexual or transgendered clients, and forensic clients

#### Merced County Mental Health and Alcohol and Drug Services

(209) 381-6800 Offers a variety of mental health services and programs

#### California Psychiatric Emergency Team

(888) 334-0163 Provided 24 hours a day, 7 days a week for individuals who are in immediate need of mental health services due to a mental illness

#### Valley Crisis Center

(209) 722-4357 Provides services to people of Merced County affected by domestic violence and sexual assault

#### UNDERGRADUATE ACADEMIC COUNSELING

The School of Social Sciences, Humanities and Arts (209) 228-7742 http://ssha.ucmerced.edu/

School of Natural Sciences (209) 228-4309 http://naturalsciences.ucmerced.edu/

School of Engineering (209) 228-4411 http://engineering.ucmerced.edu/

#### **GRADUATE ADVISING**

Graduate Division (209) 228-4723 http://graduatedivision.ucmerced.edu/

Graduate Student Services http://gradlife.ucmerced.edu/

#### FOR POSTDOCTORAL SCHOLARS

http://www.garnett-powers.com/postdoc/#close