Travel Safety
Travel Safety Hazards

- Transportation Accidents
- Assault/Robbery/Thief
- Fire
- Lifting/Ergonomics
Pre-Travel Preparations

• Photocopy (Front & Back) – Credit Cards, Tickets, Health Insurance, Passport, & Other Important Documents
  – Phone Numbers to Call for Replacement
• Leave Itinerary with Family/Office
• Map Out Directions From Airport to Hotel and/or Destinations
  – Keep in Carry-On Luggage
Pre-Travel Preparations

• Hotel Have Automatic Fire Sprinklers?
  – www.usfa.fema.gov/hotel

• Emergency Phone Numbers
  – Physician, Family
  – Local Police Dept. 911 Equivalent Number

• Put Essentials in Carry-On Luggage

• Oversees Travel – Go to:
Ergonomics - Luggage

• Luggage with Wheels
• Luggage Weight Less Than:
  – 50 Pounds – Male; or
  – 45 Pounds - Female
• Caution Lifting Luggage from Car Trunk
• Laptops
  – Case with Wide Padded Shoulder Straps
  – Alternate Between Shoulders Regularly
  – Put Accessories & Extra Batteries in Suitcase
Transportation
Airline

• From Seat - Count Number of Rows to Nearest Emergency Exit
  – Number of Rows to the Exit in Front
  – Number of Rows to the Exit Behind
• Listen to Safety Briefing By Flight Attendant
• Event of Accident/Crash – Listen and Follow to Flight Attendant Instructions
Transportation
Rental Car Safety

• Rental Car with No “Company Logo”
• Keep Luggage in Trunk
  – Do Not Want to Draw Attention -You are a Visitor
• Become Familiar with Vehicle Safety Features Before Driving the Car Out of the Lot
  – Headlights, Hazard Lights, Door Locks & Spare Tire
• Be Wary of Pulling Over, Especially in the Dark or in Unfamiliar Territory
• Do Not Exit Car Until It is Safe
• Stay on Main Roads
Rental Car Safety

• Keep Rental Car Doors Locked
• Criminal Methods to Distract Motorists to Stop the Vehicles (Especially Visitors/Tourists)
  – Yelling, Honking, Pointing at Car - Something is Wrong
  – Motioning/Asking to Stop & Lend Assistance
  – Flashing Headlights
  – Bumping Your Car From Behind
• Don't Pull Over or Stop - Drive to Nearest Well Lit Public Area & Call the Police
Hotel Safety

• Rooms with Electronic Locks, Deadbolts, Peepholes
• Garage Elevators Go to Lobby, Not Guest Floors
• Entering Elevators with Suspicious Looking Strangers
• High Rise Hotels Rooms on the 6th Floor or Lower - Fire Ladders Can Reach
Hotel Safety

• Valuables in Hotel/Room Safe
• Use Peep Hole Before Opening Door
  – When in Doubt, Call the Front Desk
• Deadbolt Door Each Time You Enter Room
• “Make-Up Room” Sign – Advertises No One is in the Room
• Inquire with Hotel Staff on “Safe” and “Unsafe” Local Areas
Hotel Safety

• First Entry to Room
  – Hold Door Open & Turn On Light
  – Visually Scan the Room

• Emergency Exits
  – Look at Floor Layout on Back of Room Door
  – Count the Number of Doors to Nearest Emergency Exit & Secondary Emergency Exit
  – Make Sure Emergency Exits are Not Locked

• Prepare to Leave Room in Emergencies
  – Items on Night Stand/Flashlight
Causes of Hotel/Motel Fires (Percentage)

- Restaurant Cooking: 30%
- Smoking: 20%
- Appliances: 15%
- Arson: 10%
- Heating System: 5%
Hotel Fire

• More than 4000 Motel/Hotel Fires Per Year
  – Averages More Than 10 Motel/Hotel Fires per Day
  – Pre-Planning Important

• In the Event of a Fire
  – Take Essentials, Cell Phone, Room Keys, Flashlight
  – With Family – Designate Meeting Location
  – Feel Door (Use Backside of Hand)
Hotel Fire – Hot Door

- Do Not Open Door! Stay Put
- Call Fire Dept.—Tell Them Your Exact Location
- Place Signal on Window—Sheets or Towels
- Fill Tub with Water
- Place Damp Towels/Sheets
  - Around Cracks
  - Wet Towel Over Your Nose & Mouth
- Shut Off Fans/Air Conditioners
- If Smoke in Room – Open Windows
- Higher than Second Floor – Do Not Jump
Hotel Fire – Door Not Hot

- Slowly Open Door, Check if Hallway Clear
- Crawl to Stairway Emergency Exit
- Lock Room Door In Case You Need to Return to Room
- Do Not Use Elevators
- Cautiously Use Exit Stairwell
- If Encounter Heavy Smoke, Turn Around - Try Second Emergency Exit
- Meet At Designated Spot
General Travel Safety Precautions

- Watch for “Staged Mishaps” – Ploy to Divert Your Attention
- Beware of Your Surroundings
- Keep Valuables Secured
- Safety in Numbers – Stay with Groups
- Ask for Help or An Escort if Uneasy with a Situation
General Travel Safety Precautions

• Do Not Draw Attention to Yourself
  – Clothing/Jewelry
  – Looking at Maps
    • Avoid Looking Like a Tourist - Wrap Local Newspaper or Magazine Outside Map/Guidebook

• Use ATMs During the Day & When People Are Around
General Travel Safety Precautions

- **Sun Protection**
  - Sunscreen with SPF 15 or Greater
    - Reapply Every 2 Hours
  - Hat

- **Heat Illness Prevention**
  - Rehydrate – Water
  - Shade
Travel Safety Reference Webpages

• List of Sprinklered Hotels:
  – www.usfa.fema.gov/hotel
• U.S. State Department Travel Safety Webpage:
• Safe Trip Abroad Publication
• Hotel Safety Tips to Protect Young Children
Think Safety

Be Smart About Travel Safety