

UC'S 2008 MEDICAL PLANS AT-A-GLANCE

As 2008 approaches, UC is once again in the process of planning next year's health benefits for employees. The following is an outline of some of the projected changes to UC's medical plans.

2007	2008	Change	How this addresses UC's challenges
Kaiser HMO	Kaiser HMO	No change	<ul style="list-style-type: none"> Plan model continues to help meet UC's goals of access, quality, sustainability, affordability and choice
UHC-PacifiCare HMO	Health Net HMO (replaces UHC-PacifiCare)	UHC-PacifiCare no longer offered	
Health Net HMO			<ul style="list-style-type: none"> HMO consolidation to Health Net helps offset medical cost increases for employees
WHA Regional HMO	WHA Regional HMO	No change	
Blue Cross POS	Blue Cross POS	No change	
Blue Cross PPO	Blue Cross PPO		
BCC Indemnity (Core)	BCC Indemnity (Core)		<ul style="list-style-type: none"> New type of plan adds another choice for UC employees
Definity HRA PPO*	CIGNA (HRA PPO)**	New option	
<i>*Currently available at UCSB and UCSF</i>	StayWell Wellness Benefit	New UC-provided benefit	<ul style="list-style-type: none"> StayWell and United Behavioral Health benefits promote wellness and good mental health
<i>**Available to all active employees in 2008</i>	United Behavioral Health (UBH) Benefits	More standardized and enhanced benefits	

- ✓ **As a result of HMO consolidation, Health Net will be UC's network HMO provider. UHC-PacifiCare will no longer be offered. However, Health Net benefits and primary care doctors are virtually the same.**
- ✓ **UC will offer most employees new wellness benefits through StayWell.**
- ✓ **UC will offer enhanced and standardized mental and substance abuse benefits to most employees through United Behavioral Health.**
- ✓ **The CIGNA plan, featuring a health reimbursement account (HRA) plus a PPO is a brand new option.**
- ✓ **Most UC employees will pay the same co-pays (for things like office visits and prescription drugs) in 2008 as they currently do in 2007.**
- ✓ **Final information and rates will be available in early fall. Open Enrollment will be held from November 1 – 27, 2007: this is when you'll review your medical plan options and determine the one that fits your needs best.**

These are just the highlights. For more information about UC's 2008 medical plans, please visit <http://atyourservice.ucop.edu/>.