

Appendix F

2009 Health Plans Employee Contributions

Medical Plan Costs - \$46,000 or Less

Plan	Self	Self + Child(ren)	Self + Adult	Self + Adult + Child(ren)
Anthem Blue Cross PLUS	\$29.47	\$53.05	\$102.26	\$125.82
Anthem Blue Cross PPO	\$88.61	\$159.50	\$226.45	\$297.33
CIGNA Choice Fund	\$86.61	\$155.89	\$222.25	\$291.53
Core	\$0.00	\$0.00	\$0.00	\$0.00
Health Net	\$19.97	\$35.95	\$82.30	\$98.28
Kaiser Permanente--California	\$6.84	\$12.31	\$14.36	\$19.84
Kaiser Permanente--Mid-Atlantic	\$6.84	\$12.31	\$43.71	\$44.98
Kaiser Permanente--Umbrella	\$218.87	\$393.96	\$499.99	\$675.09
Western Health Advantage	\$6.84	\$12.31	\$14.36	\$19.84

Medical Plan Costs - \$46,001 to \$92,000

Plan	Self	Self + Child(ren)	Self + Adult	Self + Adult + Child(ren)
Anthem Blue Cross PLUS	\$60.68	\$109.23	\$173.51	\$222.04
Anthem Blue Cross PPO	\$119.82	\$215.68	\$297.70	\$393.55
CIGNA Choice Fund	\$117.82	\$212.07	\$293.50	\$387.75
Core	\$0.00	\$0.00	\$0.00	\$0.00

Health Net	\$51.18	\$92.13	\$153.55	\$194.50
Kaiser Permanente--California	\$38.05	\$68.49	\$85.61	\$116.06
Kaiser Permanente--Mid-Atlantic	\$38.05	\$68.49	\$114.96	\$141.20
Kaiser Permanente--Umbrella	\$250.08	\$450.14	\$571.24	\$771.31
Western Health Advantage	\$38.05	\$68.49	\$85.61	\$116.06

Rates shown indicate only proposed rates for union-represented employees and are subject to ongoing collective bargaining as appropriate.

Medical Plan Costs - \$92,001 to 137,000

Plan	Self	Self + Child(ren)	Self + Adult	Self + Adult + Child(ren)
Anthem Blue Cross PLUS	\$92.71	\$166.88	\$237.37	\$311.52
Anthem Blue Cross PPO	\$151.85	\$273.33	\$361.56	\$483.03
CIGNA Choice Fund	\$149.85	\$269.72	\$357.36	\$477.23
Core	\$0.00	\$0.00	\$0.00	\$0.00
Health Net	\$83.21	\$149.78	\$217.41	\$283.98
Kaiser Permanente--California	\$70.08	\$126.14	\$149.47	\$205.54
Kaiser Permanente--Mid-Atlantic	\$70.08	\$126.14	\$178.82	\$230.68
Kaiser Permanente--Umbrella	\$282.11	\$507.79	\$653.10	\$860.79
Western Health	\$70.08	\$126.14	\$149.47	\$205.54

Advantage				
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Medical Plan Costs - \$137,001 or More

Plan	Self	Self + Child(ren)	Self + Adult	Self + Adult + Child(ren)
Anthem Blue Cross PLUS	\$125.87	\$226.57	\$303.52	\$404.20
Anthem Blue Cross PPO	\$185.01	\$333.02	\$427.71	\$575.71
CIGNA Choice Fund	\$183.01	\$329.41	\$423.51	\$569.91
Core	\$0.00	\$0.00	\$0.00	\$0.00
Health Net	\$116.37	\$209.47	\$283.56	\$376.66
Kaiser Permanente--California	\$103.24	\$185.83	\$215.62	\$298.22
Kaiser Permanente--Mid-Atlantic	\$103.24	\$185.83	\$244.97	\$323.36
Kaiser Permanente--Umbrella	\$315.27	\$567.48	\$701.25	\$953.47
Western Health Advantage	\$103.24	\$185.83	\$215.62	\$298.22